

THE DAY OF YOUR MOHS APPOINTMENT

Get a good night sleep and **take all of your usual medications** unless directed otherwise by us.

You may and should eat as usual unless otherwise instructed.

Since **you may be with us all day**, please bring a good book or magazines to read. Although there are restaurants nearby, you may wish to bring your own lunch or a snack. You are always welcome to bring a supportive family member or friend, but please keep in mind that space in the room is limited.

All surgery is done under local anesthesia. However, if the skin cancer is near the eye, please make arrangements to have someone drive you home because the bandage may obstruct your peripheral vision.

You will be given complete instructions to take care of your surgical site after the surgery. If you feel as though you will be unable to care for the area yourself, please let us know in advance so that proper arrangements can be made.

PLEASE KEEP THE FOLLOWING CONSIDERATIONS:

You should not get the area wet for 48 hours after surgery and you will have to avoid prolonged water exposure (swimming, bathing) and strenuous activities, include brisk walking and other forms of exercise for one to two weeks after surgery. Lesions on the lower leg may require some leg elevation for several days to weeks after surgery.

If your wound is repaired with a **<u>skin graft</u>**, you will have a bandage on it and be **<u>unable to get the</u> <u>area wet</u>** for up to <u>**seven to ten days**</u> after surgery.

You will need to return in one to two weeks for suture removal or wound check.

<u>Please let us know if you are planning a trip or have commitments that could interfere</u> with your healing process

If you wish to reschedule or cancel an appointment, or if you have **any questions**, please let us know as early as possible by calling our office.

We appreciate your patience in waiting for and preparing for this appointment. We look forward to seeing you that day.

For more detailed information regarding Mohs Surgery or Basal Cell Carcinoma, please go to the following book chapters on the Emedicine/Medscape website:

Mohs Surgery: <u>http://www.emedicine.medscape.com/article/876110-overview</u> Basal Cell Carcinoma: <u>http://www.emedicine.medscape.com/article/876110-overview</u>